

Did you know...  
School Breakfast Helps Kids Learn

## School breakfast...

- Improves math test scores
- Helps with comprehension and memory
- Helps with vocabulary tests
- Improves performance on demanding mental tasks and reaction to frustration
- Helps reduce the number of mistakes
- Reduces tardiness
- Improves attention and behavior
- Provides the nutrition needed to learn

Encourage your child  
to join us every day  
for breakfast!

Breakfast at school is also affordable! It's available for all students and if you qualify for free or reduced price lunch, you also qualify for the free or reduced price breakfast.

